



# RELIABLE TRUSS AND COMPONENTS, INC.

200 Welby Road  
New Bedford, MA

# RELIABLE HEADERS

## STRENGTH AND INSULATION

### Prefabricated Insulated Headers

- Available in full lengths or precision cut to requested lengths
- Fully adhered Expanded Polystyrene Core
- Other sizes can be purchased special order
- Header sizing can be provided for engineered headers
- Boise Cascade LVL and I-Joists used for engineered headers

### R-14 Dimensional 5-1/2" Header

Two plies of 2x SPF and 2-1/2" insulation

In Stock

MATERIAL

(2)2x10

(2)2x12

Special Order

MATERIAL

(2)2x8

STOCK SIZE

5-1/2" x 9-1/4" x 16'

5-1/2" x 11-1/4" x 16'

NON-STOCK SIZE

5-1/2" x 7-1/4" x 16'



### R-14 LVL 5-1/2" Header

Two plies of 1-1/2" LVL and 2-1/2" insulation

2 Week Lead-Time

MATERIAL

(2)1-1/2" x 9.5" LVL

(2)1-1/2" x 11-7/8" LVL

STANDARD SIZE

5-1/2" x 9-1/2" x 16'

5-1/2" x 11-7/8" x 16'



### R-12 LVL 5-1/2" Header

Two plies of 1-3/4" LVL and 2" insulation

2 Week Lead-Time

MATERIAL

(2)1-3/4" x 7-1/4" LVL

(2)1-3/4" x 9-1/4" LVL

(2)1-3/4" x 9-1/2" LVL

(2)1-3/4" x 11-1/4" LVL

(2)1-3/4" x 11-7/8" LVL

STANDARD SIZE

5-1/2" x 7-1/4" x 16'

5-1/2" x 9-1/4" x 16'

5-1/2" x 9-1/2" x 16'

5-1/2" x 11-1/4" x 16'

5-1/2" x 11-7/8" x 16'



### R-13 I-Joist Header For 2x4 Construction

3-1/2" LVL and 3" insulation

2 Week Lead-Time | Minimum Height 11-7/8"

MATERIAL

(1)3-1/2" x 11-7/8" I-Joist

STANDARD SIZE

3-1/2" x 11-7/8" x 16'



Reliable Truss is a manufacturing division of National Lumber

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